

WITH ZEAL AND PATIENCE

Notes from the Office for Worship

Diocese of Grand Rapids

FEBRUARY 2012

Looking Toward

LENT

ASH WEDNESDAY AND ROMAN MISSAL III

“Repent, and believe in the Gospel”



When ashes are smeared on people’s foreheads on Feb. 22, the admonition will sound slightly different than it has for the past few decades.

The English translation of the *Third Edition of the Roman Missal* provides two options for ministers to say during the imposition of ashes on Ash Wednesday:

- “Repent, and believe in the Gospel” (or)
- “Remember that you are dust, and to dust you shall return.”

These phrases follow a more literal translation of the Latin, and thus differ slightly from the options in the former *Sacramentary*:

- “Turn away from sin and be faithful to the gospel .” (or)
- “Remember, man, you are dust and to dust you will return.”



The Office for Worship has created **cue cards** to help ministers of ashes memorize the texts.

Control click on this link:
WWW.DIOCESEOFGRANDRAPIDS.ORG/WORSHIP_PRAYER/DOCUMENTS/

Grand Rapids Bishop Walter Hurley asks that the new translations be used, even if ashes are ministered outside of Mass.

Although the collects, Blessing of Ashes, and other prayers on Ash Wednesday are more poetic in the *Roman Missal* than they were in the *Sacramentary*, leaders of prayer will find them more difficult to proclaim and may want to practice them beforehand.

The texts of the *Roman Missal* must be used when Mass is celebrated on Ash Wednesday. For Ash Wednesday services outside of Mass, leaders of

prayer may continue to use the “Order for the Blessing and Distribution of Ashes” found in the 1989 *Book of Blessings*. However, as explained earlier, the phrase for the Distribution of Ashes needs to be taken from the *Roman Missal*. This is because the *Book of Blessings* and other ritual books have not yet been revised to include the new translation of the *Roman Missal*.

During this interim period, leaders of prayer will need to use good pastoral sense by striving for continuity between the various rites, especially with short phrases spoken directly to individuals or texts that are common at Mass. Besides Ash Wednesday, another example is the new diocesan norms for “Holy Communion Outside of Mass”.

Control click on this link: http://www.dioceseofgrandrapids.org/Worship_Prayer/New_Roman_Missal/Roman%20Missal%20Toolkit/Forms/AllItems.aspx

RITE OF ELECTION 2012

“I will be their God and they shall be my people...”

When those words from Jeremiah are proclaimed at the Rite of Election this year, they will certainly have profound significance to some 180 catechumens.

The catechumens—who anticipate receiving the sacraments of Baptism, Confirmation and Eucharist at the Easter Vigil on April 7—will be joined by 309 candidates for Full Reception into the Roman Catholic Church.

This will be the third year that the readings for the Rite will differ from the scriptures for the First Sunday of Lent, as permitted in RCIA No. 128. When preparing their catechumens and candidates, RCIA leaders may wish to tap the richness of this year’s texts: **Jeremiah 31: 31-34 , 1 Peter 3: 18-22 and**

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SETTING the TIME for the EASTER VIGIL —

Sunset is 8:16 p.m. on Saturday, April 7,
with twilight ending at 8:45 p.m.



“The Easter Vigil, in the holy night when the Lord rose again, is considered the “mother of all holy Vigils,” in which the Church, keeping watch, awaits the Resurrection of Christ.... Therefore the entire celebration of this sacred Vigil must take place at night, so that it both begins after nightfall and ends before the dawn on Sunday.” (*Universal Norms on the Liturgical Year*, no. 21).

LENTEN FASTING REGULATIONS: *We provide these so you can publish them in your bulletin and on your website. They will also be posted at www.dioceseofgrandrapids.org.*

✚ **Fasting** is observed on **Ash Wednesday** and **Good Friday** by everyone 18 years of age and older, who has not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals—enough to maintain strength—may be taken, according to each one’s needs. But together they should not equal another full meal. Eating between meals is not permitted, but consuming liquids, including milk and juice, is allowed.

✚ In addition, **ABSTINENCE** is observed on Ash Wednesday and **ALL Fridays of Lent** by everyone 14 years of age and older. On days of abstinence no meat is allowed. Note that when one’s health or ability to work would be seriously affected, the law does not oblige.

If a person is unable to observe the above regulations due to health or other serious reasons, other suitable forms of self-denial are encouraged.

The point of fasting and abstinence is to remind us of our radical need for God's support as we undergo conversion in his love.

RITE OF ELECTION (Continued from page 1)

Matthew 22: 1-14 .

To provide ample seating for the catechumens, candidates, sponsors and families, Bishop Walter Hurley will again celebrate three liturgies.

The dates are:

- 3:00 p.m. Sunday, February 26
- 7:00 p.m. Monday, February 27
- 3:00 p.m. Sunday, March 4

Parish assignments to the dates have already been finalized by the Office for Worship. We are grateful for the work of Father Tom Tavella, C.S.P., and the Cathedral staff for overseeing the liturgies.

The chart below shows the numbers of catechumens and candidates participating in the rite in recent years.

	2008	2009	2010	2011	2012
Catechumens	195	225	216	232	180
Candidates	319	321	353	338	309
Total	514	546	569	570	489

Celiac Disease and Holy Communion

More and more people are being diagnosed with celiac sprue disease and are requesting special hosts for Holy Communion.

The digestive system of those with this condition is considerably compromised by the consumption of gluten, one of the major ingredients in wheat flour.

“This is a particular challenge to Catholics, who believe that the celebration of the Holy Eucharist and the reception of Holy Communion are the very source and summit of the Christian Life,” notes the Secretariat for Divine Worship of the United States Conference of Catholic Bishops. “Priests should show great pastoral sensitivity and compassion to anyone afflicted with this disease, but especially to the parents of children with a gluten intolerance at the time of first Holy Communion. “



The simplest solution is for those with celiac disease to receive only the Precious Blood. Catholics believe that whoever receives Holy Communion only under the form of bread or only under the form of wine still receives the whole Christ, in his body and blood, soul and divinity.

When that is not a viable solution, low-gluten hosts may be consecrated for those who need them. Low-gluten hosts that have been approved by the USCCB can be obtained from the Congregation of the Benedictine Sisters of Perpetual Adoration in Clyde, Mo.

Parishes have responded to this need in various ways:

- Some pastors have the sacristan place a few low-gluten hosts with the other hosts. However, some people who suffer from celiac disease cannot consume anything that has touched food containing wheat.

- Other parishes ask those with celiac disease to obtain their own supply of hosts. They have been given a pyx that is labeled “low-gluten host.” When those who cannot tolerate gluten come to Mass, they simply place their pyx in the vessel with the other hosts. They know in advance which Communion station has the pyx with their host.



The Office for Worship has labels for Pyx

To order gluten-free hosts, contact the Benedictine Sisters of Perpetual Adoration at 1-800-223-2772 or control-click: <http://www.altarbreadsbpa.com/lowgluten.php>

For a Short Introduction to Holy Communion and Celiac Sprue Disease, control-click: <http://www.usccb.org/prayer-and-worship/resources-for-the-eucharist/distribution-of-communion/celiac-sprue-disease.cfm>

OTHER NOTES FROM THE OFFICE FOR WORSHIP

- **Father Chris Rouech will be on sabbatical** Jan. 30—May 18. Father Tom Simons will serve as a consultant to the office. Father Simons will also chair Church Art and Architecture Commission meetings.
- Remember the **Roman Missal Toolkit** online. It contains announcements you may wish to use on Ash Wednesday or Easter Sunday. Control-click: http://www.dioceseofgrandrapids.org/Worship_Prayer/New_Roman_Missal/Roman%20Missal%20Toolkit/Forms/AllItems.aspx
- **Guidelines for Extraordinary Ministers of Holy Communion** will be posted on the website soon. The link will include a simple way to request certificates of mandate for your Extraordinary Ministers.

Wonder if you can celebrate that wedding or funeral on a particular Sunday or Holy Day? Consult the 2012 Liturgical Calendar Supplement on Worship & Prayer > resources at dioceseofgrandrapids.org.

HEARD FROM THE PEWS:

“And also with your spirit?”

Have you been hearing this in your congregations? A mumbled mix of the old and the new, said without confidence?

I’m struggling as well, even though I work in the Office for Worship. Even though I field calls about the *Roman Missal* all the time. Even though I’m holding a worship aid with the correct words in my hand. I’m still at about a fifty percent success rate in responding, “And with your spirit.”

It may be because my parish just made the switch from chanting the responses to speaking them. When chanting I had it *down*. I was aware the words were different and I rarely responded incorrectly.

Then, our parish began speaking the prayers. It is a bit like trying to recite the words to your favorite song.

I know that my main focus at Mass shouldn’t be keeping count of how many times I remember to respond correctly. But I would like to fully and actively participate by praying in unison with those around me. At times, hearing different versions of the responses can be a distraction. Yet, I know it’s important to learn to speak the words so that unity is conveyed in not only in the words we say but also in their expression.

WITH ZEAL AND PATIENCE

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“With zeal and patience, pastors of souls must promote the liturgical instruction of the faithful.... By so doing, pastors will be fulfilling one of the chief duties of a faithful dispenser of the mysteries of God; and in this matter they must lead their flock not only in word but also by example.”

Sacrosanctum Concilium, No. 19

If your congregation is comfortable chanting the new responses, perhaps now is the time to consider moving into speaking the prayers. This will enable parishioners to respond correctly wherever they celebrate mass.

At my parish the transition seems to be going exactly as we predicted it would. Despite all the preparation, we in the pews are still adjusting, still struggling a bit. We ask you, on the altar, for your patience as we move into a greater appreciation of the new words and cultivate a deeper sense of prayer in Mass.

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